

Key Takeaways From “Siddhartha” by Herman Hesse

- Your soul is the whole world
- When a man is asleep, he penetrates his innermost
- Siddhartha had one single goal- to become empty, to become empty of thirst, desire, dreams, pleasure, and sorrow- to let the Self die. No longer to be Self, to experience the peace of an emptied heart, to experience pure thought- that was the goal
- He killed his senses, he killed his memory, he slipped out of his Self in a thousand different forms
- What is meditation? What is abandonment of the body? What is fasting? What is the holding of breath? It is a flight of Self, it is a temporary escape from the torment of Self. It is a temporary palliative against the pain and folly of life
- Opinions mean nothing
- I will also conquer my Self
- Through thought alone feelings become knowledge and are not lost, but become real and begin to mature
- It was the Self, the character and nature of which I wished to learn. I wanted to rid myself of the Self, to conquer it
- The reason why I do not know myself anything about myself is due to one thing, to one single thing- I was afraid of myself
- I will no longer mutilate and destroy myself in order to find a secret behind the ruins
- Meaning and reality were not hidden somewhere behind things, they were in them, in all of them
- One can beg, buy, be presented with and find love in the streets, but it can never be stolen
- Everyone takes, everyone gives. Life is like that
- Everyone gives what he has
- He heard much and said little
- One cannot have pleasure without giving it
- Lovers should not separate from each other after making love without admiring each other, without being conquered as well as conquering so that no feeling of satiation or desolation arises nor the horrid feeling of misusing or having been misused
- He always seems to be playing at business, it never makes much impression on him, it never masters him, he never fears failure, he is never worried about a loss

ALCHANATI CAMPBELL & ASSOCIATES LLC

Taken directly out of the book

Key Takeaways From “Siddhartha” by Herman Hesse

- If he made a profit, he accepted it calmly; if he suffered a loss, he laughed and said, “Oh well, this transaction has gone badly”
- Did not hurt either myself or others through annoyance and hastiness
- You are like me; you are different from other people. You are Kamala and no one else, and within you there is a stillness and sanctuary to which you can retreat at any time and be yourself, just as I can
- Lived the life of the world without belonging to it
- The wisdom which a wise man tries to communicate always sounds foolish
- The world itself, being in and around us, is never one-sided
- Time is not real
- Not in speech or thought do I regard him as a great man, but in his deeds and life